

## REJUVENATION RETREAT CHAPTER 2

TRANSFORM, CONNECT, REVIVE



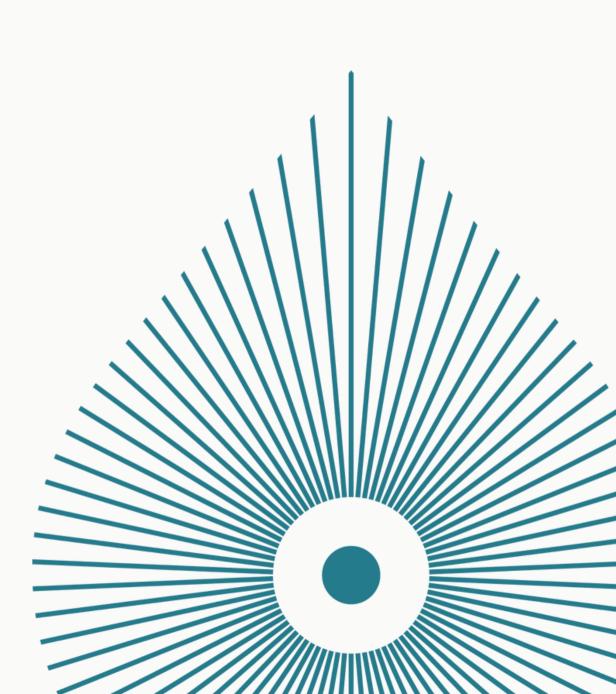
EMBARK ON A TRANSFORMATIVE RETREAT WITH SONDER X TRIBE FROM APRIL 29TH TO MAY 2ND IN DUBAI, UAE.

DIVE DEEP INTO REJUVENATION WITH A CAREFULLY CURATED PROGRAM DESIGNED TO RECONNECT YOU TO YOUR ESSENCE.

## THIS EXCLUSIVE EXPERIENCE IN THE DESERT OF DUBAI OFFERS:

- REJUVENATION ROUTINES
- BREATHWORK & SOUND HEALING
- YOGA SESSIONS
- FIRE CEREMONY
- COLD PLUNGE FOR VITALITY
- BODY EXPRESSION WORKSHOPS
- MEDITATION & MINDFULNESS
- SHARING EXPERIENCES & REPROGRAMMING
- BIOHACKING





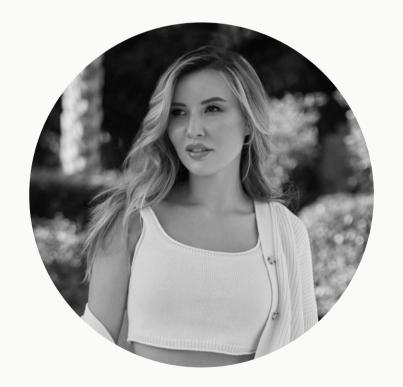
## **FACILITATORS**

AIDA: ANCESTORS FACILITATOR ADINA: SOUL FEMININ ENERGY FERDINAND: MIND & BODY EXPERT KENNY: HUMAN CONNECTOR YOGA TEACHER









## WHAT IS INCLUDED?

ACCOMODATION TRANSFER FROM DUBAI TO THE VENUE FOOD & BEVERAGE - BREAKFAST - LUNCH - DINNER ALL THE ACTIVITIES



